

Foods (66 ITEMS)

Almond	Cinnamon	Grape/Raisin, Green	Peanut	Sugar, Corn
Apple	Coffee, Decaf & Reg	Grape/Raisin, Red	Pear	Tea, Black
Banana	Cola	Grapefruit	Pepper, Black	Tobacco
Barley	Corn (Maize)	Lamb/Mutton	Pork/Bacon/Ham	Tomato
Bean, Soya	Cottonseed Oil	Lemon	Potato, Sweet	Tuna
Beef/Veal	Crab	Lettuce, Romaine	Potato, White	Turkey
Broccoli	Cranberry	Lobster	Rice, Brown	Vanilla
Cabbage/Brussels Sprouts	Cucumber	Milk, Pasteurized (Cow)	Rice, White	Wheat
Cantaloupe/Honeydew	Egg, White (Chicken)	Millet	Rye	Yeast, Baker's
Carrot	Egg, Yolk (Chicken)	Mustard Greens/Spice	Salmon/Lox	Yeast, Brewer's
Cauliflower	Flaxseed / Linseed Oil	Oats	Shrimp	
Cheese, Processed (Cow)	Garlic	Olive	Squash	
Chicken	Ginger	Onion, Yellow	Strawberry	
Chocolate/Cocoa	Gluten	Orange	Sugar, Cane/Sucanat	

Environmental Chemicals (15 ITEMS)

1,2 Dichlorobenzene	Chloroform	Organophosphates
2,4,5 T	Cis-Dichloroethylene (1,2 Dichloroethylene)	Soap (SDS/SLS)
Benzene	Cyclohexylamine	Toluene
Carbon Tetrachloride	Endrin	Vinyl Chloride
Chlordane	Methylene Chloride (Dichloromethane)	Xylene

Additives/Preservatives (15 ITEMS)

Aspartame/NutraSweet	Gum, Locust Bean	Propyl Gallate
BHA	MSG (Monosodium Glutamate)	Saccharine
BHT	Nitrates/Nitrites	Sodium Benzoate
Calcium Propionate	Polysorbate 60	Sodium Propionate
Diacetyl (2,3-Butanedione)	Potassium Bromate	Sulfite/Metabisulfite

Molds (28 ITEMS)

Alternaria alternata	Cladosporium herbarum	Helminthosporium sativum	Rhodotorula
Aspergillus fumigatus	Epicoccum nigrum	Mucor mucedo	Scopulariopsis brevicaulis
Aspergillus niger	Epidermophyton floccosum	Mucor racemosus	Stemphylium botryosum
Aspergillus oryzae	Fusarium solani	Penicillium notatum/chrysogenum	Trichoderma harzianum
Botrytis cinerea	Fusarium vasinfectum	Penicillium roqueforti	Thricothecium roseum
Candida albicans	Geotrichum candidum	Pullularia pullulans	Trichophyton mentagrophytes interdigitale
Cladosporium cladosporioides	Helminthosporium halodes	Rhizopus stolonifer/nigricans	Trichophyton rubrum

F, D & C Color Additives (20 ITEMS)

Annatto	Carmoisine	FD&C Green #3	FD&C Red #3
FD&C Blue #1	D & C Green #5	D&C Orange #4	FD&C Red #40
FD&C Blue #2	D & C Orange #5	Ponceau 2R	D&C Yellow #10
Brilliant Black	D & C Red #33	Ponceau 4R	FD&C Yellow #5
Carmine/Cochineal	D & C Violet #2	FD&C Red #2	FD&C Yellow #6