

Clifford Materials Reactivity Testing Frequently Asked Questions (FAQs) for Patients

This page is provided to address many of the common concerns that patients typically have with respect to Clifford Materials Reactivity testing and associated policies and procedures. If you have a question that is not adequately addressed here, please contact us for further information.

How do I obtain testing?

Testing is obtained through a physician, dentist or other healthcare provider licensed to order blood work in your area. A blood draw is required to prepare a specimen for testing. The specimen is then shipped overnight to **ELISA/ACT®** Biotechnologies for testing the following business day in the shipping kit provided.

Is the test Prescriptive (who can order?)

Yes, the Clifford Materials Reactivity Test is prescriptive. Thus, it must be ordered by a physician, dentist, or other healthcare provider licensed to order blood work in your area. In certain states tests can be ordered by patients through our third party partner at www.betterlabtestsnow.com.

Do I need to fast or alter my diet for testing?

No, this specific kind of lab testing does not require alteration of your diet nor that you fast. However, if other tests are prepared at the same time that do require special dietary considerations or fasting, they will not affect the Clifford Materials Reactivity Test.

Will my medications interfere?

Most medications including antibiotics will not affect the testing. If you have been on a long-term treatment plan that includes cortical steroidal or immunosuppressive medications please consult your healthcare professional before ordering the test.

How long will it take to get my reports back?

The results are received by the ordering professional within 7-10 business days after the specimen is received at **ELISA/ACT** Biotechnologies.

Can I have a copy of the results?

The results are automatically emailed to the ordering healthcare professional. Please contact your healthcare professional to inquire about receiving a PDF of your results. We are happy to email a copy to you at the request of your practitioner.

Do you bill insurance?

We do not bill nor accept assignment with insurance companies, nor do we respond to insurance inquiries regarding clinical notes, history evaluation, or other such information. Although we can not guarantee nor

predict the coverage of your healthcare insurance carrier we do provide a detailed receipt for testing services. This form may aid in seeking reimbursement from your healthcare insurance carrier.

Do you test for Anesthetics?

Anesthetics susceptibility is not tested in the Clifford Materials Reactivity Test.

Where do I go to get the test prepared?

The blood sample is drawn by the healthcare professional or by their order through a local drawing facility such as a clinic or hospital. An additional fee may be charged for the blood draw and preparation, and is not included in the cost of the Clifford Materials Reactivity Test.

When can I ship my specimen?

Test specimens may be shipped Monday through Thursday to **ELISA/ACT®** Biotechnologies for testing.

Do I need to pay for specimen shipping?

The cost of shipping the specimen is covered when shipping from within the USA and using the shipping materials included in the specimen shipping kit provided by our lab. Shipment cost from outside the USA is the responsibility of the sender. Priority shipping should be selected to arrive to the lab overnight.

What does the test screen for?

The Clifford Materials Reactivity Test screens for existing systemic reactions associated with 94 chemical groups commonly found in dental and orthopedic restorative materials. The Clifford Material Reactivity Test is not intended as an allergy detection test.

Has my specimen arrived at the lab?

Domestic specimen shipments may be tracked by the tracking number on the UPS shipping label provided in the kit. International specimen shipments may also be tracked through the shipping company used.

What dentist or physician offers this testing in my area?

Testing may be ordered by any dentist, physician, or healthcare professional licensed to order blood work in your area. We would be happy to work with your existing professional or to help you find a professional in your area by contacting client services at 800.553.5472 or clientservices@elisaact.com.

How long are the test results good for?

Results can and do change over time. For most relatively healthy adults results should be stable for at least 18 to 24 months. There may be some healthcare treatments or new material exposures that can change results for better or worse. Your healthcare professional is the best source for information regarding the usability of the results over time.

How accurate is the test (are there false negatives or positives)?

The accuracy and precision of the Clifford Materials Reactivity test is approximately comparable to testing used for evaluation of blood sugar and cholesterol. This is based on the results of multiple samples drawn over a period of time with an accumulated accuracy of 95% or greater. The precision of repeated testing from a single sample is 97% or greater.