a PERQUE Integrative Health company

# Clifford

**Materials** Reactivity Testing

#### SPECIMEN PREPARATION



#### Step 1

Specimen is drawn via venipuncture using a clot tube (not provided). In addition to a normal clot tube (red top), a serum separator tube such as the SST (tiger top or gold top) or equivalent can be used. 3ml of blood serum is required for testing.



#### Step 3

After centrifuging, remove serum from the draw tube and place in the transport tube supplied by ELISA/ACT.

Label tube with patient name



#### Step 2

Allow to clot for +/- 15 minutes, then centrifuge long enough to separate serum from the clotted elements. 1300 rpm for 10 min should be sufficient.



## Step 4

Carefully TIGHTEN the cap on the serum transport tube and place it into provided biohazard safety bag. Place paperwork into the outer pouch of the specimen bag.

PLEASE DO NOT SHIP WHOLE BLOOD, SERUM STILL ON THE CLOT OR SST TUBES. Hemolysis will ruin the specimen for testing purposes, and specimens are often subjected to substantial shaking, vibration and handling in shipping. Serum to be held more than 1 hour prior to shipping should be refrigerated at 2-6 C. or frozen for storage.

#### **SHIPPING INSTRUCTIONS**

## Step 1

Refrigerate or freeze the included cold pack.



Seal shipping bag by removing the inner strip, exposing adhesive, and press firmly to close. Shipping bag has a pre-paid express shipping label. Please follow directions printed on shipping bag to arrange for pick-up or drop at appropriate location.

# Step 2



Place cold pack into the foil pouch alongside the specimen bag containing specimen. Remove strip to expose adhesive on foil pouch, fold over and seal securely.

Refrigeration or freezing of specimens is strongly encouraged in cases where shipment will be delayed.



## Step 5

**ELISA/ACT** will pay for shipping ONLY if the sender uses the provided materials included with the shipping kit. Shipping with any other air bill document or with any other overnight carrier must be paid by the sender.



## Step 3

Place foil pouch into shipping bag provided.

PLEASE DO NOT SHIP ON FRI, SAT, OR SUNDAY THE LAB ACCEPTS SHIPMENTS TUESDAY THROUGH FRIDAY ONLY. SPECIMENS SHIPPED FOR WEEKEND DELIVERY WILL WAIT UNTIL TUESDAY FOR ANALYSIS.